CHINESE WUSHU & TAICHI ACADEMY LLC

709 ½ S. King Street, Seattle, WA 98104

(206)749-9513

[www.chinesewushutaichi.com](http://www.chinesewushutaichi.com)

2013 1st Qtr. Jan. 7 – Mar. 17, 10 weeks

2013 2nd Qtr. Apr. 8 – Jun. 16, 10 weeks

2012 3rd Qtr. Jul. 15 – Sept. 22, 10 weeks

2012 4th Qtr. Oct. 7 – Dec. 15, 10 weeks

*Tai Chi as internal Wu Shu, is one kind of Qi Gong. Wu Shu is the mandarin word for martial arts*

*Our school offers classic and authentic Chen style and Yang style Tai Chi from China*

Master **Yijiao Hong:** Started Wushu at age 8 in China; B.A Degree from Zhejiang Normal University, China in Wushu and Taichi with 35 years experience; National Wushu Team member; Taichi International Grandchampion 1998; Top 10 world professional Taichi athlete in 1999; Zhejiang College of Chinese Traditional Medicine, college Wushu and Taichi Team Coach and assistant professor 1992-1994, Hang Zhou, China; Certified International A Grade Wu Shu Judge by IWuF, Beijing, China 2004; An official disciple of Grandmaster Chen Zhenglei 2007 and has been his student since 1998; Yang Taichi from Yang family successor world renown Grandmaster Fu Shengyuan since 1995.

Instructor of **Yang** Taichi: **James Guidon**; Co-Instructor: **Joan Laage**

**Chen** Taichi Instructor: **Blake Emery**; Assistant: **Larry Fung**

**Class location 709 1/2 S. King Street, Seattle WA 98104.**

**Taught by Master Yijiao Hong.**

**Tues:** Yang Taichi 24, push hands, 85 Joan Laage 6:00P.M. – 7:00P.M.

**Tues**: Chen Taichi Silk Reeling, Old Frame 1 Blake Emery 7:00 P.M. - 8:15P.M.

**Wed:** Chen Old Frame 1 & 2, Push hands, New frame, Dao, Jian 6:00P.M.-8:15P.M.

**Sat:** Chen Taichi Silk Reeling, old Frame 1 Larry Fung 8:30A.M. - 9:45A.M.

**Sat:** Yang Taichi 24, 40, 85, Push Hands, 32 Jia James Guidon9:45A.M. – 11:25A.M.

**Sun:** Chen Taichi Silk Reeling, Old Frame 1-mandrin speaking 3:00P.M. – 4:10P.M.

**Class location at Mercer Island Community Center,** call (206) 275-7609

**Thurs:** Yang Style Taichi 24 Intermediate 9:30A.M. – 10:30A.M.

**Thurs:** Yang Style Taichi 24 beginning 10:30A.M. – 11:30A.M.

Please make your check payable to CWTALLC by the end of previous quarter. After $20 late fee. No refund/one qtr. commitment.

***Discount:* Multi-classes $50 off. Over 60 senior $10 off /10 weeks.**

**Advanced Taichi Chen Dao and Jian on Wednesday** (6pm-8:15pm**) $330**

**Advanced Taichi Yang on Saturday $260; Advanced Taichi Chen on Wed. $300**

**Other classes on Tuesday, Saturday Chen and Sunday Chen $200**

***For Yang Taichi private lessons $50/one hour/per person, please contact Sifu James Guidon at 206-527-0144.***